**HEALTH AND SAFETY POLICY:**

The Club is committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability, and expect our junior athletes to participate within these boundaries.

**TO SUPPORT OUR HEALTH AND SAFETY POLICY THE CLUB WILL:**

* Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
* Create a safe environment by putting health and safety measures in place as identified by the assessment.
* Ensure that all members are aware of, understand and follow the club’s health and safety policy.
* keep health and safety responsibilities in the hands of the committee.
* Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
* Provide access to adequate first aid facilities, telephone and a qualified first aider at all times.
* Report any injuries or accidents sustained during any club activity or whilst on the club premises.
* Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

**EACH CLUB MEMBER HAS A DUTY TO**:

* Take reasonable care for their own health and safety and that of others who may be affected by what they do or not do.
* Co-operate with the club on health and safety issues.
* Correctly use all equipment provided by the club.
* Not interfere with or misuse anything provided for their health, safety or welfare.

**CLUB HEALTH AND SAFETY OFFICER**: ………The committee

**FIRST AID:** Location of first aid facilities: Middle container

**Location of telephones**: mobiles only.

**QUALIFIED FIRST AIDERS:** 1. Paddlesport leader in charge of club activity. 2 Other leaders/coaches.